

Worship Date: March 7, 2010

Worship Theme: Seek, Thirst, and Listen

Scripture Reference: Isaiah 55:1-3a

Materials: Brown sack with handles, filled with an apple, an orange, a candy bar, a PBJ sandwich, a bottle of water, and a bible.

Have you ever been hungry or thirsty? (Take the food items out one at a time and discuss each one with them.) Mmmm this looks like it would make a good lunch. (Hold up the PBJ and the fruit.) Do you like dessert? Here is a candy bar. Would you be thirsty if you ate all that? I would. I have some water. That would taste great after the PBJ sandwich.

So after you eat all of this you would be finished, right? You wouldn't need to eat again? No? How many times a day do you need to eat? Why do we need food to live? What kinds of food make us healthy?

What would happen if you didn't have any food or water? I don't think you'd be very happy. Here is what Isaiah said:

“Hey there! All who are thirsty, come to the water! Are you penniless? Come anyway—buy and eat! Come, buy your drinks, buy wine and milk. Buy without money—everything's free! Why do you spend your hard-earned cash on cotton candy? Listen to me, listen well: Eat only the best, fill yourself with only the finest. Pay attention, come close now, listen carefully to my life-giving, life-nourishing words.” (The Message)

What do you think that Isaiah meant when he said, “Eat only the best and fill yourself with only the finest?” Do you think he meant you should eat the candy bar? I hope not! I think he meant to eat things that make you healthy.

How can we be fed by what God gives us? What is it that he gives? How does that help us? We have to seek out the wisdom that God has to give us. We have to listen carefully to that still small voice inside us that tells us to do the right thing. We seek, we thirst for the knowledge that God gives us, and we listen.

God will give you spiritual food to help you become wise and to lead good lives. God will always be there to help you and to grow in spirit.

God,
Thank you for sending Jesus to help us grow in love, and for giving us food for life.
In Jesus name, Amen.